

Venue:	Doody's Book Review Service
Title:	Book Review: Alternative medicines for diabetes management: advances in pharmacognosy and medicinal chemistry, Varma Rambaran
Date:	2023
Type:	Book Review
Author(s)/ Presenter(s):	Vibhuti Jansari
Abstract (or Book Review):	<p>Reviewer: Vibhuti Jansari, Ph.D, M.Sc (Northwestern Health Sciences University)</p> <p>Description: This book features the role of allopathic and ayurvedic therapies and metallopharmaceuticals in preventing, treating, and controlling diabetes. It highlights the mechanisms of action and limitations of allopathic medications and introduces readers to their efficacy, dosage, and toxicity. The book is an excellent reference to learn about the therapeutic potential of numerous ayurvedic therapies. The images of plants contain well-illustrated biochemical structures of various active ingredients. The table of contents and index are serviceable.</p> <p>Purpose: The book aims to provide a holistic view of all oral therapies available for diabetes mellitus. It assembles an excellent compilation, particularly of ayurvedic therapies, as they are used by a large population who do not have access to allopathic medicines, even in many parts of the world today. The book achieves its objective to integrate and destigmatize the use of allopathic and ayurvedic therapies for diabetes mellitus.</p> <p>Audience: The book is a good reference for anyone who engages in research related to the discovery of biopharmaceuticals. The coherent and straightforward language makes it easy for the audience to follow. The book meets the objectives and needs of its target audience. Both authors are credible authorities on the subject.</p> <p>Features: The book consists of four chapters. The first chapter discusses the etiology of diabetes mellitus, and is highly informative and a good refresher. The following three chapters on allopathic and ayurvedic medications and metallopharmaceuticals discuss all the available therapies for diabetes mellitus in depth. The images are monochrome,</p>

sometimes making it challenging to discern the detailed plant shape or form, but multiple photos compensate for this shortcoming.

Assessment: The objective to integrate various therapeutics for diabetes mellitus is well achieved through this book. It is an excellent reference for anyone involved in human health research, specifically restoring normal glycemic levels in the body.